



3 WAYS TO PAY FOR MEALS

PRE-PAYMENTS ONLINE

To pay online using your credit/debit card or electronic check, go to payschoolscentral.com. FREE TO ALL USERS. You will need your student's ID number (located on all report cards and student schedules).

CHECK

Please make sure all checks are made payable to your student's school cafeteria. Include your student's name and cafeteria PIN # on the check. A fee will be applied to all returned checks for insufficient funds.

CASH

Sending in cash with younger students is not recommended, but is accepted. Please place the money in a sealed envelope with the student's name and PIN # on the envelope.

NEGATIVE BALANCE NOTIFICATIONS

Any time your student's lunch account falls below $-\$0.80$, you will receive a courtesy reminder through our school system's automated phone call service. Please look in your student's school handbook to reference our meal charge procedures.

BREAKFAST MENU

All grain items are 100% whole grain. Each building also offers a daily choice of a whole grain cereal bowl = 1G. One cup of fruit is offered daily and is required as part of a complete breakfast. Daily fruit offerings include choices of fresh fruit, reduced sugar fruit cup or raisins. Fruit/Juice is only available two times per week.

LUNCH MENU

A school lunch is made up of a minimum of three, not more than five, meal components. Those components are defined as one fruit serving, one vegetable serving, one milk serving, one grain serving and one serving of protein. Fresh chef salads are available daily and are a main choice for a complete meal. All grain items served at lunch are whole grain. All fresh apples purchased for the school cafeteria are locally grown and purchased year-round from Arrowhead Orchards. Celebrate our monthly birthday bash the second Tuesday of each month and get a special treat with a full lunch purchase!

A LA CARTE ITEMS

A limited selection of healthy snacks are available to purchase in each cafeteria. We encourage a healthy balanced diet, which can include healthy snacks. Elementary age students will be allowed to purchase one snack and one extra beverage daily. If you would like to restrict your child from purchasing a la carte, please contact your child's school cafeteria.

